30 DAYS OF SPRING CLEANING

BEDROOMS	BATHROOMS	LIVING SPACES	KITCHEN	WHOLE HOUSE
1 ROTATE MATTRESSES	7 WASH TOWELS, RUGS, & SHOWER CURTAINS	13 DINING ROOM TABLE & CHAIRS	19 COUNTERS (INCLUDING UNDER APPLIANCES)	25 WASH WINDOWS
2 WASH BEDDING	8 BATHTUB & SHOWER	14 SORT LOOSE PAPERS & MAIL	20 MICROWAVE	26 AIR VENTS
3 WASH CURTAINS	9 TOILET & SINKS	15 HIRE OR DIY CARPET CLEANING	21 FREEZER & FRDIGE	27 DISINFECT DOORKNOBS & LIGHT SWITCHES
4 DUST (INCLUDING FANS & LIGHTS)	10 MIRRORS & COUNTERS	16 LIVING ROOM FURNITURE & UPHOLSTERY	22 DISHWASHER	28 BASEBOARDS
5 DECLUTTER/ STORE WINTER CLOTHES	11 DECLUTTER MEDICINE & TOILETRIES	17 DUST (INCLUDING FANS & LIGHTS)	23 STOVE	29 WASHING MACHINE & DRYER
6 MOVE FURNITURE & VACUUM	12 MOP FLOOR	18 VACUUM & MOP	24 OVEN	30 CLEAN TRASH CANS

SPRING CLEANING CHECKLIST

LIVING ROOM

- ◯ Laundry: curtains, blankets, pillows
- ◯ Dust (including fan & lights)
- ◯ Move & clean under furniture
- ◯ Vacuum & clean carpet & upholstery

KITCHEN

- ◯ Clean appliances: Oven, microwave, dishwasher, stove
- ◯ Empty & clean fridge/freezer
- ◯ Clear & clean counters
- ◯ Mop floor
- ◯ _____

DINING ROOM/PANTRY

- ◯ Clean table & chairs
- ◯ Dust surfaces
- ◯ Mop floor
- ◯ Discard expired food
- ◯ _____
- ◯ _____

ENTRY

- ◯ Declutter/store winter gear
- ◯ Wipe down surfaces
- ◯ Vacuum/sweep floor
- ◯ _____
- ◯ _____
- ◯ _____

PLAY AREA

- ◯ Declutter & organize toys
- ◯ Dust
- ◯ Move & clean under furniture
- ◯ Vacuum/sweep
- ◯ _____
- ◯ _____

OFFICE

- ◯ Sort any loose papers or mail
- ◯ Dust
- ◯ Vacuum/sweep
- ◯ _____
- ◯ _____
- ◯ _____

SPRING CLEANING CHECKLIST

BEDROOMS

- ◯ Laundry: bedding
- ◯ Rotate mattress
- ◯ Dust (including fans & lights)
- ◯ Declutter/store winter clothes
- ◯ Vacuum
- ◯ _____

BATHROOMS

- ◯ Laundry: Towels, rugs, shower curtain
- ◯ Clean tub, shower, sink, toilet
- ◯ Wash mirrors & counters
- ◯ Declutter toiletries & medicine
- ◯ Mop floor

OUTSIDE

- ◯ Empty gutters
- ◯ Clean patio furniture
- ◯ Sweet porch/patio
- ◯ _____
- ◯ _____
- ◯ _____

DEEP CLEANING

- ◯ Air vents
- ◯ Washing machine & dryer vent
- ◯ Under appliances: washing machine, refrigerator, etc.
- ◯ Hire or DIY carpet cleaning
- ◯ Wash trash cans

WHOLE HOUSE

- ◯ Dust blinds & wash windows
- ◯ Laundry: curtains
- ◯ Wash baseboards
- ◯ Disinfect doorknobs and switches
- ◯ Stairs & railings
- ◯ _____

OTHER

- ◯ _____
- ◯ _____
- ◯ _____
- ◯ _____
- ◯ _____
- ◯ _____