

# 30 DAYS OF SUMMER SNACK IDEAS FOR KIDS

Yogurt parfaits



Energy bites



Pretzels & hummus



Watermelon

Zucchini bread



Fruit jello

Popcorn



Homemade popsicles



Drizzilicious mini rice cakes

Frozen mango chunks



Yoggies

Chocolate covered banana pops



Chips and guac



Fruit kabobs

7 layer dip

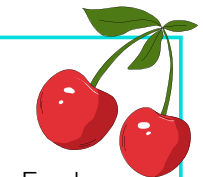


Frozen grapes

Fruit fries with dip



Smoothies



Fresh cherries

Ants on a log



Trail mix

Cheese and crackers



Turkey spinach pinwheels



Apple slices with peanut butter

Belvita Energy snack bites

Blueberry muffins



Chips and salsa

Strawberry shortcake



Avocado toast



[Tips and recipes here](#)