MEAL PLANNER

	LUNCH	DINNER
S	Baguette board	**Ravioli** Garlic bread, caprese salad
M	Leftovers	**Rotisserie chicken** Salad, muffins
T	Sandwiches	**Chicken and biscuits** Couscous, grapes
W	Leftovers	**Hot dogs** Pasta salad, pickles
T	Sunshine curry	**Chicken sandwiches** Broccoli, macaroni and cheese
F	Chicken nugget wraps	**Pizza** Applesauce, sweet potato fries
S	Leftovers	**Burgers** Mashed potatoes, green beans

SHOPPING

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MEAL PLANNER

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GROCERY SHOPPING LIST

PRODUCE	MEAT	DAIRY

FROZEN	OTHER	