



Beach Packing Checklist

BEACH GEAR

BEACH GEAR:

- Beach bag
- Beach towels
- Swim vests or inflatables
- Canopy, tent, or beach umbrella
- Beach chairs
- Large blanket
- Sand toys
- Wagon or cart
- Lotion with aloe vera
- Cooler
- Snacks
- Water bottles/drinks
- _____
- _____
- _____

IN YOUR BEACH BAG:

- Wet bag with swim diapers and changing supplies
- Sunscreen
- Insect repellent
- Sunglasses
- Hair brush and hair ties
- Phone
- Keys
- Money
- Band-Aids
- Auro Dri
- Chapstick
- Hand sanitizer
- Essential medications
- _____
- _____
- _____



Beach Packing Checklist

FOR EACH PERSON

TOILETRIES :

- Shampoo / Conditioner
- Body wash / Soap
- Loofah / Washcloth
- Deodorant
- Toothbrush & toothpaste
- Dental floss / Mouthwash
- Razor & Shaving cream
- Lotion
- Hairbrush / Comb
- Hair ties / Clips
- Hair products
- Tampons / Pads
- Face / Skin care products
- Make up
- Glasses / Contact care
- Daily vitamins & medications
- _____
- _____

CLOTHES:

- Outfits (1 per day + 1-2 extra)
- Underwear and bras
- Socks
- Shoes
- Sweatshirt or jacket
- Pajamas
- Swimsuits & covers
- _____
- _____

OTHER:

- Phone and charger
- Wallet
- Keys
- Sunglasses
- _____
- _____



Beach Packing Checklist

BABY/TODDLER

TOILETRIES :

- Diapers
- Wipes
- Changing pad
- Baby bathtub
- Shampoo
- Body wash / Soap
- Washcloths
- Toothbrush & toothpaste
- Lotion
- Hairbrush / Comb
- Hair bows / Hats

FIRST AID:

- Daily vitamins & medications
- Diaper cream
- Benadryl
- Saline
- Thermometer
- Vaseline
- If okayed by doctor: Tylenol, sunscreen, insect repellent

CLOTHES:

- Outfits (2 per day)
- Socks
- Shoes
- Jacket / Sweatshirt
- Pajamas (at least 2 pairs)
- Swaddle or sleep sack
- Swimsuits
- Swim diapers
- Sun hat
- Beach shoes
- Bibs & burp cloths
- _____
- _____

OTHER:

- Baby carrier
- Stroller
- Portable crib
- Portable high chair
- _____
- _____

