

MOM'S PACKING LIST

CLOTHING:

- ☐ Outfits (1 per day + 1-2 extra)
- ☐ Underwear and bras
- ☐ Socks
- ☐ Shoes
- ☐ Sweatshirt or jacket
- ☐ Pajamas
- ☐ Swimsuit & cover
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

IN FIRST AID BAG:

- ☐ Daily vitamins & medications
- ☐ Adult Tylenol / Advil
- ☐ Tums
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ _____
- ☐ _____
- ☐ _____

LARGE ITEMS:

- ☐ Camera
- ☐ Pillow / Bedding
- ☐ Electronics with chargers
- ☐ Umbrella
- ☐ _____
- ☐ _____
- ☐ _____

TOILETRIES:

- ☐ Shampoo / Conditioner
- ☐ Body wash / Soap
- ☐ Loofah / Washcloth
- ☐ Deodorant
- ☐ Toothbrush & toothpaste
- ☐ Dental floss / Mouthwash
- ☐ Razor & Shaving cream
- ☐ Lotion
- ☐ Hairbrush / Comb
- ☐ Hair ties / Clips
- ☐ Hair products
- ☐ Tampons / Pads
- ☐ Face / Skin care products
- ☐ Make up
- ☐ Glasses / Contact care
- ☐ _____

IN PURSE:

- ☐ Phone and charger
- ☐ Wallet
- ☐ Keys
- ☐ Water bottle
- ☐ Adult snacks
- ☐ Hand sanitizer
- ☐ Sunglasses
- ☐ _____

OTHER:

- ☐ Hair dryer, straightener, or curling iron
- ☐ Jewelry
- ☐ Books or magazines
- ☐ Trash bag for laundry
- ☐ Beach / Bath towel
- ☐ _____

BABY PACKING LIST

CLOTHING:

- ☐ Outfits (2 per day)
- ☐ Diapers
- ☐ Socks
- ☐ Shoes
- ☐ Jacket / Sweatshirt
- ☐ Pajamas (at least 2 pairs)
- ☐ Swaddle or sleep sack
- ☐ Swimsuit, swim diapers & sun hat
- ☐ Bibs & Burp cloths
- ☐ _____

TOILETRIES:

- ☐ Wipes
- ☐ Shampoo
- ☐ Body wash / Soap
- ☐ Washcloths
- ☐ Toothbrush & toothpaste
- ☐ Lotion
- ☐ Hairbrush / Comb
- ☐ Hair bows / Hats
- ☐ _____
- ☐ _____
- ☐ _____

IN FIRST AID BAG:

- ☐ Daily vitamins & medications
- ☐ Diaper cream
- ☐ Band-aids
- ☐ Benadryl
- ☐ Saline
- ☐ Thermometer
- ☐ Vaseline
- ☐ If okayed by doctor: Tylenol, sunscreen, insect repellent
- ☐ _____
- ☐ _____
- ☐ _____

IN DIAPER BAG:

- ☐ Diapers
- ☐ Wipes
- ☐ Changing pad
- ☐ An extra set of clothes
- ☐ Empty plastic bag
- ☐ Hand sanitizer
- ☐ Snacks
- ☐ Sippy cup / Bottle & formula
- ☐ Baby blanket / Nursing cover
- ☐ Toys or books
- ☐ Extra pacifiers
- ☐ _____

LARGE ITEMS:

- ☐ Car seat & base
- ☐ Pack-n-Play with sheet
- ☐ Stroller / Baby carrier
- ☐ Portable high chair
- ☐ Baby bath seat
- ☐ _____
- ☐ _____

OTHER:

- ☐ Trash bags for diapers / laundry
- ☐ Beach / Bath towel
- ☐ Feeding items (bottles, baby food, utensils, placemat, etc.)
- ☐ Dish soap & bottle brush
- ☐ Baby monitor
- ☐ _____

TODDLER PACKING LIST

CLOTHING:

- ☐ Outfits (2 per day)
- ☐ Underwear
- ☐ Diapers / Pull-ups
- ☐ Socks
- ☐ Shoes
- ☐ Jacket / Sweatshirt
- ☐ Pajamas (2 pairs)
- ☐ Swimsuit, swim diapers & sun hat
- ☐ _____

TOILETRIES:

- ☐ Wipes
- ☐ Shampoo
- ☐ Body wash / Soap
- ☐ Washcloths
- ☐ Toothbrush & toothpaste
- ☐ Lotion
- ☐ Hairbrush / Comb
- ☐ Hair ties / Bows
- ☐ _____
- ☐ _____

IN FIRST AID BAG:

- ☐ Daily vitamins & medications
- ☐ Diaper cream
- ☐ Tylenol
- ☐ Band-aids
- ☐ Benadryl
- ☐ Saline
- ☐ Thermometer
- ☐ Vaseline
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ _____

IN DIAPER BAG:

- ☐ Diapers / Pull-ups
- ☐ Wipes
- ☐ Diaper changing pad
- ☐ An extra set of clothes
- ☐ Empty plastic bag
- ☐ Hand sanitizer
- ☐ Snacks
- ☐ Sippy cup / Water bottle
- ☐ Toys or books
- ☐ _____
- ☐ _____

LARGE ITEMS:

- ☐ Car seat
- ☐ Stroller
- ☐ Booster seat for meals
- ☐ Pillow / Bedding
- ☐ Toddler bed
- ☐ Special bedtime items (stuffed animal, blanket)
- ☐ Small backpack
- ☐

OTHER:

- [illegible]